

City of Carlsbad Parks & Recreation

Try it for FREE!

Interested in a class, but not sure if you'll like it? Now you can try selected classes for free before you register for a session. Meet the instructor and try it out before the summer session begins! No pre-registration is required; just come and *try it for free!*

To see class descriptions and summer schedule look for this icon:

Try it for
FREE!

Participating Classes

Tuesday, May 29

Hip Hop Mini Movers/ Hip Hop For Two

Calavera Hills Community Center
12:30-1:15 p.m. (3-5.5 years)

Hip Hop Mini Movers

Stagecoach Community Center
2:30-3:15 p.m. (3-5.5 years)

Hip Hop Beginner/ Beginner Advanced

Stagecoach Community Center
3:30-4:25 p.m. (6-15 years)

Wednesday, May 30

Swing, Salsa and More!

Harding Community Center
7:00-9:00 p.m. (16 & up)

Thursday, May 31

Ballet I-II

Stagecoach Community Center
2:00-2:45 p.m. (4-7 years)

Ballet I

Stagecoach Community Center
3:00-3:50 p.m. (5-7 years)

Ballet IV Pre Pointe and Pointe

Stagecoach Community Center
4:00-5:00 p.m. (9-14 years)

Adult Ballet

Stagecoach Community Center
6:00-6:55 p.m. (16 & up)

Friday, June 1

Princess Ballet/ Tap Non-Recital

Harding Community Center
10:00-10:45 p.m. (3-5 years)

Saturday, June 2

Hip Hop Mini Movers/ Family Fun

Calavera Hills Community Center
12:00-12:45 p.m. (3-5.5 years)

Wu Style Tai Chi

Stagecoach Community Center
2:30-4:30 p.m. (18 & up)

Adult Ballet

Harding Community Center
8:30 a.m.-9:30 a.m. (16 & up)

www.carlsbadca.gov/parksandrec

Adult Dance Classes ♥

Try it for
FREE!

Adult Ballet

Enjoy learning ballet while developing confidence, mental concentration, physical coordination and grace. This class is for students seeking an introduction to ballet or experienced dancers who just want to dance. Please note that students wanting to wear pointe shoes may do so at their own risk and at the discretion of the instructor.

Harding Community Center: Recreation Hall

Instructor: Candice Kaal-Jack

Age: 16Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53156	8:30-9:30am	Sa	Jun 9-Jul 14	6c	\$60/\$70
53157	8:30-9:30am	Sa	Jul 21-Aug 25	6c	\$60/\$70

Stagecoach Community Center: Activity Room

Instructor: Candice Kaal-Jack

Age: 16Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53154	6:00-7:00pm	Th	Jun 7-Jul 12	6c	\$60/\$70
53155	6:00-7:00pm	Th	Jul 19-Aug 23	6c	\$60/\$70

Belly Dance

Beginning/Intermediate

Learn feminine dance movements to beautiful Middle Eastern music. Dance is wonderful for toning, increased flexibility and core muscle strengthening. Both beginners and intermediate levels learn choreography. There are optional performance opportunities throughout the year. Please wear hip scarf and socks or suede/leather soled shoes. Drop In \$10

Stagecoach Community Center: Activity Room

Instructor: Vicki Kalin Deriso

Age: 18Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53158	6:30-7:30pm	Tu	Jun 5-Jul 10	6c	\$48/\$58
53159	6:30-7:30pm	Tu	Jul 17-Aug 21	6c	\$48/\$58

Cha-Cha

Try it for
FREE!

Cha-Cha: Beginner

If you like Salsa...you'll love Cha-Cha; it is a slower and more versatile than its younger relative. Cha-Cha is a fun, sexy dance that is rich with style and grace! You'll be dancing to your favorite Latin jazz songs in no time! Singles are welcome; couples will not be separated. \$10 materials fee payable to instructor the first night.

Harding Community Center: Recreation Hall

Instructor: Christy Johnson

Age: 16Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53167	7:00-8:00pm	W	Jun 6-Jul 11	5c	\$50/\$60

Try it for
FREE!

Cha-Cha: Intermediate

This is one of the most popular dances the world over since the early 1960's. Its easy rhythm is in many classic and contemporary Latin songs. We will focus on rhythm, steps and more complex combinations in this course. Singles are welcome; couples will not be separated. \$10 materials fee payable to instructor the first night.

Harding Community Center: Recreation Hall

Instructor: Christy Johnson

Age: 16Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53169	8:00-9:00pm	W	Jul 18-Aug 22	6c	\$60/\$70

Country Line Dance

Come on out and click your heels! Line dance to your favorite country and contemporary music. Choreography for beginning and intermediate levels provides excellent health benefits by improving muscle strength, toning, increased flexibility and cardio fitness. Please wear suede/leather soled dance shoes. Drop In \$10

Stagecoach Community Center: Activity Room

Instructor: Vicki Kalin Deriso **Age: 18Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53160	7:35-8:35pm	Tu	Jun 5-Jul 10	6c	\$48/\$58
53161	7:35-8:35pm	Tu	Jul 17-Aug 21	6c	\$48/\$58

Line Dance

Beginner/High Beginner

Learn line dances through instruction that breaks down the steps to help you learn new dances each session. Dances are choreographed to music from varied genres. The last 30 minutes of class focuses on high beginner steps for the more experienced dancers.

Harding Community Center: Recreation Hall

Instructor: Barbara Miranda **Age: 14Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53162	6:45-8:15pm	Tu	Jun 5-Jul 10	6c	\$30/\$40
53163	6:45-8:15pm	Tu	Jul 17-Aug 21	6c	\$30/\$40

Intermediate/Advanced

Barbara has more than 17 year experience in line dancing. Attending several line dance conventions each year keeps her choreography relevant to the international line dance community. Would you like to learn the latest line dances? This intermediate level pushes experienced line dancers and offers advanced choreography created to music across various genres.

Senior Center: Activity Room

Instructor: Barbara Miranda **Age: 14Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53164	5:00-7:00pm	W	Jun 6-Jul 18	6c	\$35/\$45
53165	5:00-7:00pm	W	Jul 25-Aug 22	5c	\$35/\$45

Try it for
FREE!

Salsa & Merengue

Beginning

Are you ready to learn the basic steps to two of the hottest dances? This is the place to start! Christy's class focuses on rhythm, handwork and turns to help you hit the dance floor in style! Join this fun relaxed atmosphere. Singles are welcome; couples will not be separated. \$10 materials fee due to the instructor the first night.

Harding Community Center: Recreation Hall

Instructor: Christy Johnson **Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53166	7:00-8:00pm	W	Jul 18-Aug 22	6c	\$60/\$70

Try it for
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West Coast Swing

Intermediate

This smooth and bluesy swing dance is the official dance of California! Join us in learning basic dance patterns in a fun, relaxed atmosphere. We will focus on rhythm, steps and combinations and have you swinging in style! Singles are welcome; couples will not be separated. \$10 materials fee payable to instructor the first night.

Harding Community Center: Recreation Hall

Instructor: Christy Johnson **Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53168	8:00-9:00pm	W	Jun 6-Jul 11	5c	\$50/\$60

Youth Dance Classes ♥

Early Childhood dance classes for children ages 3-5 years may be found on page 30 in the Early Childhood section.

Youth dance classes are continuous programs offered throughout the year. Classes that do not offer recital participation are indicated. Online registration is available for open registration classes.

Participation in recitals, exhibitions or competitions that may be offered by individual instructors is optional and considered outside of the dance programs offered by City of Carlsbad Park & Recreation. Additional fees or costs associated with participation in recital, exhibitions or competitions are not included in the course fees. For recital programming the final sessions prior to the performance are priority only and require registration in the previous sessions. These priority classes are not available for online registration.

Try it for
FREE!

Ballet I

Dance fosters good posture, grace and musicality while encouraging creativity and self-expression through movement. This introductory class fosters a love of dance. Classes consist of warm up, stretches and working at the barre. Dancers also perform exercises across the floor and in center.

Harding Community Center: Recreation Hall

Instructor: Linda Wilkerson **Age: 6Y - 15Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53410	3:00-4:00pm	Th	Jul 12-Aug 23	6c	\$42/\$52

Stagecoach Community Center: Activity Room

Instructor: Candice Kaal-Jack **Age: 5Y - 7Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53513	3:00-3:50pm	Th	Jul 19-Aug 23	6c	\$45/\$55

Try it for
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Ballet I-II

Prerequisite: One year of Ballet. This level helps little dancers grow by introducing new steps and emphasizing correct body mechanics. Good posture, grace and musicality are fostered. Dancers are exposed to ballet terminology and history. Basic barre exercises across the floor and in center. Exercises, games and dances reinforce coordination skills, musicality and a growing familiarity with ballet steps.

Stagecoach Community Center: Activity Room

Instructor: Candice Kaal-Jack **Age: 4Y - 7Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53330	2:00-2:45pm	Th	Jul 19-Aug 23	6c	\$45/\$55

Please share your experience so we may continue to offer quality programs in our community.
www.carlsbadca.gov/parksandrec
then click on the link Provide feedback.

Ballet II

Prerequisite: One year of Ballet I. Dancers are introduced to new steps and emphasize correct body mechanics. Good posture, grace, terminology and musicality are fostered. Each class consists of an instructor led warm up and stretch, a basic barre, exercises across the floor and in center.

Harding Community Center: Recreation Hall

Instructor: Linda Wilkerson

Age: 6Y - 15Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53404	4:00-4:55pm	Tu	Jul 10-Aug 21	6c	\$42/\$52

Ballet II-III

Prerequisite: 2 years of Ballet. Dancers will build a solid foundation of classical training. Emphasis will be on growing the dancer's repertoire of steps and understanding of good technique, encouraging proper execution. Fluency of ballet's French terminology will deepen and a growing awareness to musical phrasing will be nurtured.

Stagecoach Community Center: Activity Room

Instructor: Candice Kaal-Jack

Age: 6Y - 12Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53347	3:00-4:00pm	M	Jul 16-Aug 20	6c	\$45/\$55

Ballet II-IV

Prerequisite: Mastery of Ballet I curriculum. Ballet II-IV is for the dancer who is ready for the challenge of improving their skills that were learned in the previous level and who are ready for more complicated combinations and patterns. Learning of ballet terminology continues as new steps are introduced.

Harding Community Center: Recreation Hall

Instructor: Linda Wilkerson

Age: 8Y - 16Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53406	4:00-5:30pm	Th	Jul 12-Aug 23	6c	\$54/\$64

Ballet III

Prerequisite: Mastery of Ballet II-III curriculum - clean double pirouette, 90 degree extension, strong center, demonstrated understanding of proper placement, proficient grasp of Ballet II-III steps and terminology. Students work on refining their personal understanding of proper technique and placement.

Stagecoach Community Center: Activity Room

Instructor: Candice Kaal-Jack

Age: 7Y - 12Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53348	4:00-5:00pm	M	Jul 16-Aug 20	6c	\$55/\$65

Ballet III-IV

Prerequisite: Mastery of Ballet II-III curriculum. Focus on proper execution and technique. Dancers will dedicate about 30 minutes at the barre followed by stretching. Center and combinations across the floor will include working on various pirouettes, jetes, double and triple piques, grand fouette, attitude turns petit allegro, and adagio will be included.

Harding Community Center: Recreation Hall

Instructor: Linda Wilkerson

Age: 8Y - 18Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53405	5:00-6:30pm	M	Jul 9-Aug 20	6c	\$54/\$64

Stagecoach Community Center: Activity Room

Instructor: Candice Kaal-Jack

Age: 9Y - 18Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53367	5:00-6:00pm	M	Jul 16-Aug 20	6c	\$55/\$65

Ballet IV

Prerequisite: Mastery of Ballet III-IV. You will build on previous ballet experience, and focus on fine tuning technique and working on advanced combinations.

Harding Community Center: Recreation Hall

Instructor: Chris Laing

Age: 10Y - 18Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53396	5:15-6:15pm	F	Jul 13-Aug 17	6c	\$60/\$70



Ballet IV: Pre Pointe and Pointe

Prerequisite: Mastery of Ballet III-IV curriculum.

Dancers build on previous ballet experience, and focus on fine tuning techniques and working on advanced combinations. Beginning pointe and preparation for pointe will also be emphasized.

Stagecoach Community Center: Activity Room

Instructor: Candice Kaal-Jack

Age: 14Y - 18Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53349	6:00-6:55pm	M	Jul 16-Aug 20	6c	\$55/\$65

Stagecoach Community Center: Activity Room

Instructor: Candice Kaal-Jack

Age: 9Y - 14Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53369	4:00-5:00pm	Th	Jul 19-Aug 23	6c	\$55/\$65

Hip Hop

Hip Hop I: Non-Recital

Dance is a great way to stay active, build confidence and explore a fun new activity. You will be introduced to basic movements of the ever changing style of hip hop. This class is pure dance instruction, no recitals, no costumes but offers recreational dance for everyone!

Calavera Hills Community Center: Activity Room

Instructor: Dakota Adan

Age: 6Y - 11Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53384	4:00-5:00pm	Th	Jun 7-Jul 12	6c	\$55/\$65
53386	4:00-5:00pm	Th	Jul 19-Aug 23	6c	\$55/\$65

Harding Community Center: Recreation Hall

Instructor: Dakota Adan

Age: 6Y - 11Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53385	1:30-2:30pm	Sa	Jun 9-Jul 14	6c	\$55/\$65
53387	1:30-2:30pm	Sa	Jul 21-Aug 25	6c	\$55/\$65

Hip Hop II: Non-Recital

Improve flexibility, coordination and musicality with this class for the dancer who wants more! Choreography will provide a fun new challenge and engage you with routines taught at a faster pace. No costumes, no recitals, no additional fees, just pure dance instruction.

Calavera Hills Community Center: Activity Room

Instructor: Dakota Adan

Age: 10Y - 17Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53388	5:15-6:15pm	Th	Jun 7-Jul 12	6c	\$55/\$65
53389	5:15-6:15pm	Th	Jul 19-Aug 23	6c	\$55/\$65

Hip Hop III: Non-Recital

Are you ready to advance your hip hop training and challenge your skills and abilities? As a more experienced dancer you will explore many of the popular street styles as well as commercial dance trends. No recitals, no additional fees, just pure dance instruction!

Activities and classes with ♥ offer a health and wellness benefit to the participant.

Harding Community Center: Recreation Hall

Instructor: Dakota Adan

Age: 13Y - 18Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53390	3:30-4:30pm	Sa	Jun 9-Jul 14	6c	\$60/\$70
53391	3:30-4:30pm	Sa	Jul 21-Aug 25	6c	\$60/\$70



Hip Hop for Beginners

Dance is a great way to stay active, build confidence and explore a fun new activity. You will be introduced to basic movements of the ever changing style of hip hop. This class is pure dance instruction, no recitals, and no costumes but offers recreational dance for everyone!

Stagecoach Community Center: Activity Room

Instructor: Arimaw Productions

Age: 6Y - 10Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53372	3:30-4:25pm	Tu	Jun 5-Jul 10	6c	\$55/\$65

Stagecoach Community Center: Activity Room

Instructor: Arimaw Productions

Age: 9Y - 14Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53379	4:30-5:25pm	Tu	Jun 5-Jul 10	6c	\$55/\$65

Hip Hop: Advanced Beginners

Step up your game with more advanced Hip Hop moves. Learn fun, popular, dance techniques from one of its masters. Create a music video that your friends and family can see!

Stagecoach Community Center: Activity Room

Instructor: Arimaw Productions

Age: 9Y - 15Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53340	5:30-6:25pm	Tu	Jun 5-Jul 10	6c	\$55/\$65

Jazz

With a growing influence on the commercial dance world this unique style pulls influences from both jazz and hip-hop. Learn the fun routines and explore new ways to move that will improve your flexibility, coordination and musicality. No recitals, no costumes, no additional fees, just pure dance instruction.

Harding Community Center: Recreation Hall

Instructor: Chris Laing

Age: 12-18Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53392	6:30-7:30pm	F	Jun 8-29	4c	\$38/\$48
53393	6:30-7:30pm	F	Jul 13-Aug 17	6c	\$55/\$65

Stagecoach Community Center: Activity Room

Instructor: Chris Laing

Age: 7Y - 11Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53394	4:30-5:30pm	W	Jul 11-Aug 15	6c	\$55/\$65

Jazz & Tap I

Music and movement encourages an appreciation of dance. Classes consist of isolations, battements, and chasses. Dancers will also learn to point and flex their toes, stretch, clap and keep in time with the music. Dancers will also learn to do shuffles, flaps, flap heels, toe taps, heel drops in all various combinations with the music.

Harding Community Center: Auditorium

Instructor: Linda Wilkerson

Age: 6Y - 13Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53564	3:00-3:55pm	Tu	Jul 10-Aug 21	6c	\$42/\$52

Jazz & Tap II

Advancement to this level will build on previous dance steps and begin to work on proper body mechanics and memory. Students will

learn pirouettes, more advanced stretching, and grand jetes. Tap instruction will introduce more combinations and faster rhythms.

Harding Community Center: Auditorium

Instructor: Linda Wilkerson

Age: 7Y - 13Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53401	2:55-3:55pm	M	Jul 9-Aug 20	6c	\$42/\$52

Jazz & Tap III

In this class students spend two thirds of the class focused on jazz. Emphasis on strengthening and flexibility as well as advanced jumps and turns will be introduced. Large second jumps, axles, chaine turn combinations, battement combinations, tilts and leg lifts will be introduced.

Harding Community Center: Auditorium

Instructor: Linda Wilkerson

Age: 8Y - 16Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53400	5:00-6:00pm	Tu	Jul 10-Aug 21	6c	\$42/\$52

Lyrical

Enjoy a fun way to express yourself. Lyrical blends elements of both jazz and ballet creating an expressive style used to convey emotions and tell a story. Flexibility, coordination, musicality and storytelling will all combine to deliver fun routines. No recitals, no costumes, no additional fees, just pure dance instruction.

Harding Community Center: Recreation Hall

Instructor: Dakota Adan

Age: 12Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53382	2:30-3:30pm	Sa	Jul 21-Aug 25	6c	\$55/\$65

Lyrical II

As you continue to develop your skills, floor combinations will include routines that further develop musicality and rhythm. Jumps and turns will be covered as self-coordination is developed.

Harding Community Center: Recreation Hall

Instructor: Chris Laing

Age: 9Y - 14Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53398	4:00-5:00pm	F	Jun 8-29	4c	\$38/\$48
53399	4:00-5:00pm	F	Jul 13-Aug 17	6c	\$55/\$65

Lyrical III

Be challenged as a more advanced dancer with floor combinations and more complex routines. These techniques will foster your individual development as a dancer.

Harding Community Center: Recreation Hall

Instructor: Chris Laing

Age: 10Y - 18Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53397	11:00am-12:00pm	Sa	Jul 14-Aug 18	6c	\$60/\$70

Stagecoach Community Center: Activity Room

Instructor: Chris Laing

Age: 10Y - 18Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53345	5:30-6:30pm	W	Jul 11-Aug 15	6c	\$60/\$70

Lyrical III-IV

Dancers will warm up, strengthen and stretch. This level focuses on lyrical combinations and progressions. Dancers will combine both ballet technique and various jazz styles, along with contemporary music.

Harding Community Center: Recreation Hall

Instructor: Linda Wilkerson

Age: 8Y - 18Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53402	4:00-5:00pm	M	Jul 9-Aug 20	6c	\$42/\$52